



Life Rites Holistic Counselling Services

**We offer all our potential clients a free, no obligation, 30 minute phone consultation.*

**All rates are quoted ex gst.*

Counsellor: [Victoria Spence](#)

Victoria's work in bereavement counselling and support began with Mal and Di McKissock, (both OAM), at The Bereavement Care Centre where she initially undertook Bereavement Support Worker training. From there, she completed a Counselling Degree specialising in Grief and Loss and Family Systems counselling.

Alongside these specific qualifications, she has 20 years of Somatic Practice with Alice Cummins in Body-Mind Centering. It is the meeting point between the modalities of counselling and embodied work that she brings to her practice of accompanying those living with grief and loss.

All initial consultation sessions are 1.5 hrs for a set fee of \$250, including the 15 min initial phone or email contact. In some cases questions are sent and responded to before we meet face-to-face (Phone or Zoom session).

Individual Counselling:

\$170 per hour (at my rooms, Phone or Zoom)

\$220 per hour (mobile service; me to you)

Couples Counselling:

\$120 per person, per hour (at my rooms, Phone or Zoom)

\$170 per person, per hour (mobile service; me to you)

Family Counselling: (Max. 4 People)

\$400 per hour (at my rooms, Phone or Zoom)

\$450 per hour mobile service (mobile service; me to you)

Group and Trauma Counselling:

Up to 10 people in a family or community

\$700 per hour –travel and resources included (mobile service; me to you)

Day Rate (excl Group and Trauma Counselling):

\$1,200 - full day

\$550 - half day

email: victoria@liferitesfunerals.com

**Travel for all bookings is calculated at \$1 per km over an 80 kms round trip from Jude's home.*

**Hardship rates are negotiated on a case by case basis.*

